

Finding Community In Real Life

- Brainstorm ideas. What are you interested in or need right now?
- Check for local options first. It can be worth it
- Pick what actually interests you and fits your priorities (*Use the *Assessing Your Season* worksheet if you need help)
- Try something. It's ok if it doesn't work out the first time. Try again!
- Decide if you need to start something yourself.

*Free download from www.heatherlhernandez.com

Heather L.
Hernandez